



Individualize Your Motivation Plan: Techniques to Enhance Business Performance

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Expert in Motivation, Organization and Time-management: Education, Coaching: groups, 1:1, and specialized teams

Member: ICF (International Coaching Federation)

A professional Mindset Coach, Jennie specializes in helping people share their passions with the world. She pulls together her education in psychology with her 20+ years of business development and marketing expertise in order to expand your opportunities for income and connectivity.

Jennie's dedication to the coaching process sets her apart from others who are out to simply sell their systems and tools. She understands how lasting success comes from within her clients rather than from them trying to be like others.

Her coaching groups provide private access to her and like-minded individuals who want an online space with daily and weekly accountability. Her specialized teams are classes dedicated to a single mission, such as Team Habit, which habitualizes an activity in 5 weeks or the Business Development Mastermind, which gets entrepreneurs up and running in 8 weeks.

As an ADDCA trained professional ADHD Coach with her Bachelors of Science in Psychology, who better to help people with challenges in areas of focus, motivation, productivity and mindset?

She's been published in the following:

- Good Man Project
- ADDitude Magazine
- ADDA.org
- ADDrollercoaster.org
- Lifezette.com

